November 2011



The Preview

Rethink Christmas

Stewardship 2012

The story of Christ's birth is a story of promise, hope, and a revolutionary love. So, what happened? What was once a time to celebrate the birth of a savior has somehow turned into a season of stress, traffic jams, and shopping lists.

And when it's all over, many of us are left with presents to return, looming debt that will take months to pay off, and this empty feeling of missed purpose. Is this what we really want out of Christmas?

The stewardship emphasis this year has a whole new look and focus. During advent, we will be encouraging people to rethink Christmas. Kick off will be November 19/20. Pastor Steve has more to say about this initiative below:



What if this year Christmas were different? What would happen if we got back to the basics and made a real effort to keep Jesus front and center? How would things around us change if we committed ourselves to Rethink Christmas? How would people around us respond if we committed to Worship Fully, entering this season with an overwhelming passion to worship Jesus to the fullest; Spend Less, considering buying just one less gift; Give More, loving our friends and family in the most memorable ways possible through giving relational time; and Love All, especially those who are needy and in the margins of life? I think we should expect nothing less than a miracle. So join us, RLC, this Advent season as we Rethink Christmas!

Sermon Schedule:

November 19/20 "Rethinking Christmas: Worship Fully"
November 26/27 "Rethinking Christmas: Spend Less"
December 3/4 "Rethinking Christmas: Give More"
December 10/11 "Rethinking Christmas: Love All"

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Congregation Council

Council Members

Ben Barr, Member at Large
Rob Barr, Member at Large
Dave Brandes, Vice-President
Mot Hedges, President
Kathy Killand, Member at Large
Dave Larkin, Secretary
Sandy Steele, Member at Large
Mark Underwood, Member at Large

Ex Officio Member

Pastor Steve Ernst, Ex-officio Member

Advisory Member

Rich Olsen, Treasurer

Minutes of Council meetings are available on the website and in the church library.

Staff

Rev. Steve Ernst, Interim Lead Pastor

Outreach Ministry Leader pastor.ernst@richlandlutheran.org

Pastor Dave Hogan, Interim Associate Pastor

pastor.hogan@richlandlutheran.org

Maria Frame, AIM, Minister of Worship Arts

Worship Ministry Leader maria.frame@richlandlutheran.org

Corey Smith, Minister of Christian Education

Education Ministry Leader corey.smith@richlandlutheran.org

Jenny Page, Children's Education Assistant

jenny.page@richlandlutheran.org

Debbie Stankovich, CCA, Director of Administration

Resources Ministry Leader debbie.stankovich@richlandlutheran.org

Kelly Westlund, Pastor's Assistant

kelly.westlund@richlandlutheran.org

Marc Willy, Property Manager

marc.willy@richlandlutheran.org

Joanne Woehle, Church Secretary

joanne.woehle@richlandlutheran.org

Member Directory Changes

Horgan, Justin & Krista 8500 Crossley Pl. Alexandria, VA 22308-1818

Keve, Terry 9116 N. Seven Mile Rd. Nine Mile Falls, WA 99025

Peterson, Jeff P. O. Box 397 Blair, WI 54616-0397

Ross, Len & Carol 1729 Del Cambre Richland 99352 628-9228

Rueter, Ken & Ruth 106 Center Park Lane Oak Ridge, TN 37830-9025

Schwartz, Matt & Allison 713 Snyder St. Richland 99354

New Members Received October 9:

Buckner, Linda 5889 W. Van Giesen #7 W. Richland 99353 430-0821

Dixon, Cindy 4625 E. Robin Ct. W. Richland 99353 760-5763 Duchscherer, Brian & Kelly Abigail (2nd), Trenton (5th) 2887 Crosswater Loop Richland 99354 396-2269

Griffin, Erma 3100 Mt. Stuart Ct. W. Richland 99353 628-1624

Hogan, Pastor & Elaine 627 Berkshire Place Richland 99354 946-9004

Montoya, Maria Ana Maria (7th) 2555 Duportail, #B316 Richland 99352 946-5135

Solbrack, Irvin & Elaine 4407 Sinai Dr. Pasco 99301 723-2914

Webster, Tess Samuel (K) 1200 Winslow Ave. Richland 99354 760-5764

Pastoral Acts

Baptisms

October 1 Tess and Samuel Webster

Weddings

Memorial/Funeral

October 19 Jack Rucker

The Preview

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From Pastor Steve

RLC in Mission for Christ: Measuring Success in Today's Church

What determines whether a local congregation is successful? How does one measure success in today's church? Growing up I remember all too well **THE** criteria for measuring success at Resurrection Lutheran Church in Redondo Beach, my home church. Two numbers appeared every week posted on a large magnetic board at the front of the sanctuary, the previous week's worship attendance and the previous week's giving. But what did those numbers really tell us? Is it possible to increase in attendance and weekly giving in the church and not be successful? Is it possible to not increase in worship attendance and weekly giving and be successful? The answer to these questions truly depends on the goal of the local church. If the goal is to simply grow in worship attendance and weekly giving then these are appropriate criteria for measuring success. However, if the goal for the local church is something different than these then another form of measurement is in order.

So, what is the goal of the local church? One doesn't need to look far for Jesus' clear teaching here, "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you." In the Great Commission of Matthew 28 Jesus states the goal for every church, make disciples. The question then becomes, does worship attendance and weekly giving measure this criteria?

I believe, with many church scholars these days, that these numbers, though important at some level, do nothing to measure the effectiveness of the church in making disciples of Christ. So, how does one measure success today to help us evaluate how we're doing as a body of believers? In his book, The Great Giveaway: Reclaiming the Mission of the Church, author David Fitch encourages the church to move away from the antiquated measurements of modernity to measure success as faithfulness in making and growing disciples. This version of success...

- is built on faithfulness to being the body of Christ in the world
- aims toward the building of his body and the sanctification of believers via that body
- immerses the stranger into the salvation of Jesus Christ
- aims toward faithfulness in being the body of Christ before the watching world.

According to Fitch, "The goal is not bigness. The goal is to inflame the inner workings of His body. This success rejects the naïve goals of modernist management for largeness and efficiency that overlook the substance of what goes on that makes the church His body"

"Out of this version of success we can offer different practices for measuring faithfulness, even if in non-quantitative social scientific ways. Such practices would train and form young leaders' characters toward faithfulness and perseverance in being the body of Christ, not just success in terms of numbers or organizational size. We still measure success so that we know if we are truly getting somewhere. But we measure it in ways that are inextricably tied to what it means to be faithful to being Christ's body."

Think for a moment about some of the things RLC has done in the last six months as a congregation. Now, how do we evaluate their successfulness?

Take our project at Howard Amon Park when we installed the bollards as part of the ShareFest project. Using modernity's criteria for success we might measure how many folks were involved from RLC or how many bollards we installed. In measuring success by faithfulness instead we might ask, "Did we, as Christian disciples, love our neighbor as ourselves?"

How about our work with 2nd Harvest in feeding our community? Using modernity's criteria we might measure how many folks we fed or how many now attend RLC; but using faithfulness as our measure we might ask "Were we effective in following Christ's command to feed the hungry?"

What about our block party for our neighbors? Using modernity's criteria we might measure how many new folks started worshiping at RLC or if our giving increased the following week; but using faithfulness' measure we might ask, "Did our neighbors experience Christ's love in us as a gift of grace?"

Making this shift in measuring our successfulness as a congregation will not be easy. Just yesterday I met with other pastors from our community and heard more than once, "How big is your congregation?" We all need to learn anew! Making this change is necessary if we are to be in mission for Christ.

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Financial Update

	Jan - Sep 11	Budget	Jan - Sep 11	YTD Budget	Annual Budget
Income					
4000 · INCOME	532,262.47	633,268.58	532,262.47	633,268.58	844,358.00
Total Income	532,262.47	633,268.58	532,262.47	633,268.58	844,358.00
Expense					
5100 · BENEVOLENCE	55,346.96	55,346.96	55,346.96	55,346.96	73,796.00
5200 · OUTREACH	668.02	562.50	668.02	562.50	750.00
5300 · WORSHIP	8,011.44	9,318.74	8,011.44	9,318.74	12,425.00
5400 · NURTURE	436.90	3,532.56	436.90	3,532.56	4,710.00
5500 · EDUCATION	13,988.77	14,493.71	13,988.77	14,493.71	19,325.00
5600 · RESOURCES	84,003.66	94,421.28	84,003.66	94,421.28	125,895.00
5700 · COUNCIL	445,584.67	428,892.84	445,584.67	428,892.84	571,857.00
5750 · PROPERTY ACQUISITION	24,449.99	24,449.99	24,449.99	24,449.99	32,600.00
5751 · LRP IMPLEMENTATION	2,250.00	2,250.00	2,250.00	2,250.00	3,000.00
Total Expense	634,740.41	633,268.58	634,740.41	633,268.58	844,358.00
Income	-102,477.94	0.00	-102,477.94	0.00	0.00

The information is only a snapshot of the church's financial status on the day the report was generated and is not audited information. Please direct all inquiries for additional information to Debbie Stankovich, Church Administrator at 943-3164 or debbie.stankovich@richlandlutheran.org.

Save the Date!

The RLC Children's Christmas Program will be on Sunday, December 11, at 4:00 PM.

Rehearsal will be on Saturday, December 10, at 10:00 AM.



Be sure to mark your calendar now!

Thank you!

Partners in the Gospel of Jesus Christ,

Our cup overflows! Thank you all for your appreciation and well wishes of me and my family for Pastor's Appreciation month. We are filled with heartfelt gratitude and thanks for all of you. We thank God for the opportunity to serve you, our community, and most especially our Lord and Savior Jesus Christ here in Richland. We look forward to many years of faithful and fruitful ministry together.

Grace and Peace, Pastor Steve and Family

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Financial Update

The following letter has been sent to every member of Richland Lutheran Church.

October 26, 2011

Dear Partners in the Gospel of Jesus Christ,

As I write this letter to you, I'm looking at leaves falling off the trees. We are accustomed to seasonal changes, and it occurs to me Richland Lutheran Church is moving from one season to another as well. We are clearly in a season of transformation, and it is exciting to see how the buds of new life are beginning to take shape, even while the trees outside are losing their leaves and plants are preparing for dormancy.

You will see from the enclosed financial report that our gap did increase as expected in September. Daunting though the number may seem, I am so encouraged by what I am seeing in October and what is projected for the remainder of this year. I can say with confidence that the worst is behind us and we are in a healthy recovery mode.

Though many of you are facing your own financial challenges with lost jobs, increasing health care premiums, and inflation, you continue to be faithful givers. Giving through September 2011 was about \$13,500 more than in 2010, and giving projections for October are approximately \$607,000 total. The increase in giving coupled with prudent and manageable spending for the remainder of the year will help us significantly close the gap between income and expenses. A conservative estimate for October puts the net loss at about \$80,000, a substantial improvement from the September actuals.

Another reason for my optimism is the budget being proposed by the Congregation Council for your approval at the meeting on Sunday. This represents a realistic approach to ministry that will result in a leaner staff, but more involvement opportunities for members. Based on actual giving in 2011, this budget sacrifices nothing that cannot be accomplished through the members of Richland Lutheran Church and God's grace.

Your response to this challenge only reinforces what I knew about you already. The grace and generosity with which you approach this and other needs is a mark of spiritual maturity and discipline. I appreciate your hearts for ministry more than I will ever be able to express. So once again, I will let the words of Paul speak for my heart.

"For this reason, ever since I heard about your faith in the Lord Jesus and your love for all the saints, I have not stopped giving thanks for you, remembering you in my prayers. I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints," Ephesians 1:15-18

Grace and peace,

Pastor Steve, Interim Lead Pastor Richland Lutheran Church

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From Corey Smith

In the nearly 14 years I have served at RLC, there is one question that I have been asked over and over: "When are you going to be ordained?" My standard answer has usually been, "Whenever God opens that door, I suppose." I have felt called to ordained ministry for many years, and thankfully I have been able to minister in that capacity for a great deal of that time without a collar. However, I believe the Lord has finally opened the door and I am currently completing the requirements for certification in the LCMC. Once certified, I can be called as an ordained pastor. Currently, I am working with Pastor Steve on church history studies, and I'll be completing a class on Lutheran Confessions in February which will fulfill my requirements. I am extremely excited about this adventure, and I covet and appreciate your prayers. Thanks!

Renovaré Essentials Conference Coming April 2013

Save Saturday, April 20, 2013 for Renovaré at RLC. Renovaré is a community of Christians seeking continual spiritual renewal in Christ through a closer walk with Jesus. Every church who sponsors a Renovaré Conference affirms the Apostles Creed and the Renovaré Covenant. The **Renovaré Covenant** is "In utter dependence upon Jesus Christ as my everliving Savior, Teacher, Lord, and Friend, I will seek continual renewal through: Spiritual Exercises, Spiritual Gifts, and Acts of Service." These affirmations are in accord with our Lutheran beliefs and theology.

The goals of this Renovaré Essentials Conference will be to:

- Inspire in the attendees a longing for a more Christ-like life.
- Teach practical disciplines that open us to the Holy Spirit's working to make us more Christ-like.
- Start Spiritual Formation Groups (Small Groups) that utilize these effective disciplines to support members in their goal of becoming more Christ-like.
- Continuing to develop partnerships between the churches of our community.

Dave and Carol Larkin are giving leadership to this event as Chairs of the Renovaré Steering Team. In the next couple of months they will be putting together a team of folks to assure we have a great conference. Please keep Dave and Carol in your prayers as well as the whole of the Steering Team. Don't forget, save the date!



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Visitation: Its Not All Greek (or Hebrew) To You and Me

A confession: I brought the task of writing this column upon myself. I certainly didn't need anything more to do: so why volunteer? Not due to turf wars birthing jealousy because other team members get monthly reminders from office staff to submit items for inclusion in the Preview - while I sit idly by. That's not my motivation. Since I've been privileged to serve as Interim Associate Pastor with primary duties in visitation: I've not encountered any turf wars. We get along swimmingly - although I'm not a polished swimmer, evidenced by the fact I've almost drowned a time or two in my considerable lifetime!

I do believe visitation needs to be kept before the congregation as one of its core ministries. Visitation is never counted as glamorous ministry. It was never intended to be that in the history of the Church. But, Jesus' reminder in the Olivet Discourse of Matthew 25, places visitation right in the middle of the things He expects us to do. Visiting the sick and imprisoned (there are many ways to be imprisoned, by the way), feeding the hungry, extending hospitality to foreigners etc., will never be considered high profile ministry. But a closer look at that sheep and goats passage, reveals that hiding in the doing of it, is the Presence of Christ Himself! This includes not only bringing His Presence to others; but discovering His Presence in the others who are served. Actually, the most unlikely of others. How incarnational! But as we approach Advent and Christmas; how unlikely that we'd discover God in the flesh surrounded by shepherds and animals as He comes to us and we come to Him.

Over three months ago, I thought I was retiring - but God in His heaven was laughing! My new position fits for a number of reasons: the chief of which is that I really love being a foot soldier for Jesus (even if my military experience was in the Air Force.) Being a "grunt" - as they are called - grants the privelige of getting one's fingernails dirty in a sort of front-line hands-on ministry.

This column has been too much about me - but only as a necessary introduction. We'll develop the concept of visitation as one of the congregation's core ministries through this venue in the future. Already we're blessed to have several who perform Eucharistic visits, coming alongside us in this ministry. We'll also take a look at some Greek and Hebrew words for visitation employed in God's Word - to gain better understanding of how it concerns us; and the part each of us can play in it. Until then: "...we do not preach ourselves, but Jesus Christ as Lord, and ourselves as your servants for Jesus' sake." 2 Corinthians 4:5

Pastor Dave Hogan

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November 2011				
Sun	Mon	Tue		
3.21		8:00 AM Gentle Yoga class 9:00 AM Classic Yoga class 9:30 AM Staff Meeting 3:00 PM Girl Scout Jr. Troop 5:30 PM Recorder Consort 6:45 PM Bell choir 7:00 PM Mafraq Prayer Team 7:00 PM RLC Foundation Meeting 7:00 PM Boy Scout Troop 248 7:00 PM Outreach Team Meeting		
6 All Saints Sunday 8:30 AM Worship 9:00 AM Good News Today 9:45 AM Education Hour/HeBrews Cafe 11:00 AM Worship 5:30 PM Leadership Bible Study 6:30 PM Coffeehouse 7:00 PM Haler/Worgull Growth Group	7 12:00 PM Mary-Martha Growth Group 7:00 PM Women's Bible Study	8 6:00 AM Men's Prayer Breakfast at Denny's 8:00 AM Gentle Yoga class 9:00 AM Classic Yoga class 9:30 AM Staff Meeting 3:00 PM Girl Scout Jr. Troop 5:30 PM Recorder Consort 6:30 PM Bell choir 7:00 PM Mafraq Prayer Team, Boy Scout Troop 248 7:00 PM Congregation Council Meeting		
8:30 AM Worship 9:00 AM Good News Today 9:45 AM Education Hour/HeBrews Cafe 11:00 AM Worship 5:30 PM Leadership Bible Study 6:30 PM Coffeehouse 7:00 PM Haler/Worgull Growth Group	9:00 AM Cashiers Meet 11:00 AM Kadlec Auxiliary 12:00 PM Mary-Martha Growth Group 7:00 PM EEMN Mission Meeting 7:00 PM Women's Bible Study	15 Preview Deadline 8:00 AM Gentle Yoga class 9:00 AM Classic Yoga class 9:30 AM Staff Meeting 3:00 PM Girl Scout Jr. Troop 5:30 PM Recorder Consort 5:30 PM Women's Ministry Team Meeting 6:30 PM Bell choir 7:00 PM Mafraq Prayer Team 7:00 PM Boy Scout Troop 248		
8:30 AM Worship 9:00 AM Good News Today 9:45 AM Education Hour/HeBrews Cafe 11:00 AM Worship 5:30 PM Leadership Bible Study 6:30 PM Coffeehouse 7:00 PM Haler/Worgull Growth Group	21 12:00 PM Mary-Martha Growth Group 7:00 PM Women's Bible Study	8:00 AM Gentle Yoga class 9:00 AM Classic Yoga class 9:30 AM Hannah Circle, Miriam Circle 9:30 AM Staff Meeting 3:00 PM Girl Scout Jr. Troop 5:30 PM Recorder Consort 6:30 PM Bell choir 7:00 PM Mafraq Prayer Team 7:00 PM Boy Scout Troop 248 7:00 PM Lydia Circle		
8:30 AM Worship 9:00 AM Good News Today 9:45 AM Education Hour/HeBrews Cafe 11:00 AM Worship 5:30 PM Jr. Leadership Bible Study 5:30 PM Sr. Leadership Bible Study 6:30 PM Coffeehouse 7:00 PM Haler/Worgull Growth Group 7:00 PM Union Gospel Mission Service	9:00 AM Cashiers Meet 12:00 PM Mary-Martha Growth Group 1:30 PM Dorcas Circle 7:00 PM Women's Bible Study	8:00 AM Gentle Yoga class 9:00 AM Classic Yoga class 9:30 AM Staff Meeting 3:00 PM Girl Scout Jr. Troop 5:30 PM Recorder Consort 6:30 PM Bell choir 7:00 PM Mafraq Prayer Team 7:00 PM Boy Scout Troop 248		

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November 2011				
Wed	Thu	Fri	Sat	
9:00 AM Sewing Bee 1:00 PM Read-through-the-Bible 3:30 PM Knitting Group 5:15 PM Praise Choir 6:00 PM Family Dinner 6:30 PM SuperKids 6:30 PM WILD! 6:45 PM Chancel Choir 8:10 PM Instrumental Musicians Rehearsal	3 8:00 AM Gentle Yoga class 9:00 AM Bible Study 9:00 AM Classic Yoga class 9:00 AM Arts and Crafts Fair Set up 9:30 AM Library Work Time 6:00 PM Growth Group/Steele 6:00 PM Women's Bible Study	4 9:00 AM Arts and Crafts Fair Set up 7:00 PM Al-Anon	5 9:00 AM GNMM Arts and Crafts Fair 5:00 PM Worship	
9:00 AM Sewing Bee 1:00 PM Read-through-the-Bible 3:30 PM Knitting Group 5:15 PM Praise Choir 6:00 PM Family Dinner 6:30 PM SuperKids, WILD! 6:45 PM Chancel Choir 8:10 PM Instrumental Musicians Rehearsal	8:00 AM Gentle Yoga class 9:00 AM Bible Study 9:00 AM Classic Yoga class 9:30 AM Library Work Time 6:00 PM Growth Group/Steele 6:00 PM Women's Bible Study	7:00 PM Al-Anon 7:00 PM Ultreya	12 5:00 PM Worship	
9:00 AM Sewing Bee 1:00 PM Read-through-the-Bible 3:30 PM Knitting Group 5:15 PM Praise Choir 6:00 PM Family Dinner 6:30 PM SuperKids, WILD! 6:45 PM Chancel Choir 7:30 PM GNMM Board Meeting 8:10 PM Instrumental Musicians Rehearsal	8:00 AM Gentle Yoga class 9:00 AM Bible Study 9:00 AM Classic Yoga class 9:30 AM Library Work Time 1:00 PM Piecemakers 6:00 PM Growth Group/Steele 6:00 PM Women's Bible Study	18 7:00 PM Al-Anon	7:00 AM Men's Ministry Saturday Breakfast 5:00 PM Worship	
9:00 AM Sewing Bee 1:00 PM Read-through-the-Bible 3:30 PM Knitting Group 7:00 PM Service of Praise and Thanks	24 Thanksgiving Office CLOSED	25 Office CLOSED 7:00 PM Al-Anon	26 5:00 PM Worship	
9:00 AM Sewing Bee 1:00 PM Read-through-the-Bible 3:30 PM Knitting Group 5:15 PM Praise Choir 6:00 PM Family Dinner 6:30 PM SuperKids 6:30 PM WILD! 6:45 PM Chancel Choir 8:10 PM Instrumental Musicians Rehearsal	Please call the church office the most current informations.	Lutheran Church calendar ce, 943-3164, or check the website, v tion. Please note that not all activitie gs and Circles, are actually held at th	vww.richlandlutheran.org, for es, especially Growth Group	

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Women's Ministry Christmas Brunch



Women's Ministry is excited about our Christmas Brunch!

It will be a **Smorgasboard** on **December 10** beginning at 10:00 AM until around 1:00 PM. We will sing some carols and hear about Christmas traditions in the Scandinavian countries.

Tickets will go on sale, for \$5, on the weekend of November 13, before and after all services and continue the weekends of the 20th, 27th, and will end the week of December 4.

We will have a free-will donation that will go to Cork's Place, the Child Bereavement Center(a part of Hospice Services).

Now the "really fun" part! If you have a special Scandinavian dish you'd like to share with us, please call Kay Aase @ 588-3688.

See you there!

EEMN Short Term Mission Interest Meeting

Erik Debelak from Eastern European Missions Network will be at RLC on **Monday, November 14 from 7:00 PM to 8:30 PM** in the Prince of Peace fellowship area to host an initial interest meeting regarding short-term missions.

The RLC Outreach Team is hoping to send a group of folks to Eastern Europe in the summer of 2012 with EEMN to continue with and build up our work in God's Kingdom to all nations.

EEMN says, "You really can make a difference. Short-term mission will point the way to a lifetime of involvement in spreading the Gospel to every tongue and nation. Give the Lord a chance to persuade you. Consider your place in the Great commission (Go and make disciples of all nations...). Join His short-term team."



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Christian Yoga - Bearing Fruit

The Soil is Prepared

More than ten years ago, Richland Lutheran Church made an investment in not only the spiritual health of the congregation but in its physical health when, under the direction of the Board of Lay Ministry, they established the Parish Health Ministry and funded a parish nursing program. The parish nursing program supported the stated mission of our congregation: "to help build strong effective Christian lives with the resources of God's grace." Being a member of the Board of Lay Ministry at the inception of the Parish Health Ministry gave me insight into the possibilities of God working through this ministry to affect the lives of the members of the body of Christ.

The Seed is Planted

One of our first parish nurses, Sharon Hickman, began an exercise group seven years ago which met twice a week and exercised to a tape. One month, instead of exercising to the tape, Sharon invited a yoga instructor to teach the class, as recent medical studies had shown that practicing yoga has numerous health advantages without the disadvantages of other forms of exercise (lowers blood pressure, increases flexibility & muscle tone, improves breathing and posture). My mother was a participant in the class and since I practiced yoga, we discussed her experience in the class. (A small voice which sometimes speaks within said, "You could teach Christian yoga." "Not me, Lord, I don't know a thing about teaching yoga." "You are a teacher; you have taught for 30 years," the voice said. "But not yoga," I replied, "and is it even Christian?")

The Seed Sprouts

About a year later, after I retired from teaching, again, I felt God's call to become involved more fully in not only the spiritual health of the congregation (my husband and I were growth group leaders) but the physical health of the congregation as well. I had done research into *Christian* yoga, which was in its infancy. A few people in the nation were teaching Christian yoga, but there were no Christian yoga teacher training schools. I took a YogaFit level 1 training class, incorporated Christian music and Christian mediation, and worked with Sharon Hickman to set up an eight-session "practice teach" which was a requirement to receive Level 1 certification as a yoga fitness instructor.

Following that eight-session "practice teach," I at tended yoga teacher training for Level II, Seniors, Anatomy & Alignment training in an effort to more effectively improve the health of the yoga participants. Finally, in 2010, the first Christian yoga teacher's school in the United States, Yahweh Yoga (http://yahwehyoga.com/) in Chandler, Arizona, was certified by Yoga Alliance (the governing body of yoga credentials in the United States). I attended their program and was in their second RYT graduating class in November 2010. Through their program, I earned my RYT (Registered Yoga Teacher) and CCYT (Certified Christian Yoga Teacher). These final two certifications are the gold-standard in the industry. There presently are eight RYT yoga instructors in the Tri-City area and six yoga instructors with CCYT certification in Washington State.

The Plant Grows and Produces Fruit

Christian yoga has had a home at RLC for over six years. As the instructor, I have felt God's blessings as I have grown in relationship with Him through this service and in the lives and bodies of the participants who share with me what benefits they have experienced from Christian exercise and meditation. Over 200 people have participated in at least one Christian yoga class held during the last six years. Sharing Christian music, Bible readings, a Christian yoga web site with "blogs" (http://web.me.com/jl.haler2/Christian_Yoga_4_Us/Welcome.html), Christian fellowship, the health benefits of yoga, and the love of God these have been the "fruit" of our yoga classes the past six years.

Jimmy Pena, fitness instructor and former writer for Muscle and Fitness wrote in the July 2011 Guideposts, "Our bodies are a precious gift from God. We live better, we love better, we serve better when we honor that gift."

Shalom,



Jenifer L. Haler, RYT, CCYT, LLC

Yoga 4 Us

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Activities for Youth



Come learn how **SUPER KIDS** are empowered to live a life in Christ based on Philippians 4:13!

Join Marty & Katy, Captain Clueless & Mr. Peabody and others as we adventure through Galatians 5:22-23 and explore the

FRUIT OF THE SPIRIT!

NOVEMBER 2 - Faithfulness!

NOVEMBER 9 - Operation Christmas Child! Bring small toys & other new items, to pack in a "shoebox" to send to kids around the world! Monetary donations to cover shipping are also needed.

NOVEMBER 16 - Bountiful Harvest!

NOVEMBER 23 - No Super Kids or dinner Join us for the Service of Praise and Thanks @ 7:00 PM

NOVEMBER 30 - Gentleness!

Wednesdays ☆ Grades 1st - 5th Richland Lutheran Church Family dinner at 6:00 PM ☆ Super Kids from 6:30 - 7:45 PM 943-3164 ☆ jennypage@richlandlutheran.org

Middle School!

Grades 6-8

WILD is our program for all middle schoolers. Every Wednesday night we meet from 6:30 PM to 8 PM in the Gloria Dei Multipurpose Room (up the stairs). We spend time worshiping, playing, learning and hanging out together. Friends are always welcome!

2: Bread of Life

9: OPERATION CHRISTMAS CHILD

16: Charlie Brown Thanksgiving and other stuff

23: NO WILD-Service of Praise and Thanks at 7 PM

30: Emmanuel

Please remember to bring stuff in for Operation Christmas Child! Check out the list on the bulletin board in the hallway for what to bring.

Middle School Retreats:

- March 16-18, 2012 Growing in Grace
- May 11-13, 2012 The Lord's Supper

High School!

Grades 9-12

Sunday Night Coffeehouse

(6:30 PM in the High School Room) This is our weekly meeting for high school students. We spend time worshiping, playing, laughing, discussing, learning, praying...among other things! Friends are always welcome!

6: MDAB5

13: Emergent Church

20: Very Special Guest

27: UGM

Wednesday, November 9 is when we are packing shoeboxes for Operation Christmas Child. We'd love to have you there to help! Also, if you'd like to bring stuff to put into the boxes, check out the list in the hallway.

Leadership meets at 5:30 PM on Sunday nights. Do you want to learn more about being a Christian leader? Looking for some opportunities to lead? If interested, please show up! 9th and 10th graders meet in the High School Room, 11th and 12th meet in the Friendship Room.

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Operation Christmas Child

It's time to start shopping for gifts to fill shoeboxes for Operation Christmas Child! We will be packing boxes at RLC on **Wednesday**, **November 9**. Please bring all donations to the Prince of Peace fellowship area before that date. If you prefer not to shop, donations of \$7 per box for shipping may be made to RLC, include Operation Christmas Child on the memo line of your check.

We have been blessed with a gift of 100 "Go Boxes" - so we don't need any more shoeboxes and we don't have to wrap them either! But we do need gifts to fill them, so here are a few gift ideas:



TOYS

small cars, balls, dolls, stuffed animals, kazoos, harmonicas, yo-yos, jump ropes, small Etch A Sketch®, toys that light up or make noise (with extra batteries), Slinky®, etc.

SCHOOL SUPPLIES

pens, pencils and sharpener, crayons or markers, stamps and ink pad sets, writing pads or paper, solar calculators, coloring and picture books, etc.

HYGIENE ITEMS

toothbrush, toothpaste, mild bar soap (in a plastic bag), comb, washcloth, etc.

OTHER

Hard candy and lollipops (please double bag all candy), mints, gum, T-shirts, socks, ball caps, sunglasses, hair clips, toy jewelry, watches, flashlights (with extra batteries)

A PERSONAL NOTE

In a separate envelope, you may enclose a note to the child and a photo of yourself or your family. (If you include your name and address, the child may write back.)

DO NOT INCLUDE:

Used or damaged items; war-related items such as toy guns, knives or military figures; chocolate or food; outof-date candy; liquids or lotions; medications or vitamins; breakable items such as snowglobes or glass containers; gerosol cans

International Sunday School

How are your sponsored children doing? Have you been writing letters to them? Have you received letters from them? I find that one of my favorite pieces of mail is that envelope from Compassion International that says "message from your sponsored child." I love to see what they have to say! I am always humbled by how they ask about me and my family, how they say they pray for me and hope that I am well. I have one little boy who always includes a page full of his drawings. It's fun to watch his growth in his drawings. I have also received updated photos of each of my children since I first started sponsoring them. I am happy to see that they have grown and look a little healthier, too.

If you have received a letter or updated photo and would like to update our bulletin board, please bring them into the office and I will be happy to copy and post them!

As we move into this holiday season, please continue to pray for the children, and their families, on our International Sunday School board in the hallway.

Blessings, Kelly Westlund

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$Worship\ Assistants$

2011	Time	Communion 8:30 & 11 am	Communion 8:30 & 11 am	Communion 8:30 & 11 am	Service of Praise and Thanks	Communion 8:30 & 11 am
	Time	November 6	November 13	November 20	November 23, 7PM	November 27
Pianist (Sat.)	5:00 p.m.	Maria Frame	Maria Frame	Maria Frame		Maria Frame
Organist	8:30 a.m.	Maria Frame	Maria Frame	Maria Frame		Maria Frame
	11:00 a.m.	Maria Frame	Maria Frame	Maria Frame	Maria Frame	Maria Frame
Lectors	8:30 a.m.	Jim Peterson	Sue Long	Dave Wunschel		****
	11:00 a.m.	Karen Clark	Zemmie Iedema	Valerie Bettinson	***	***
Communion Assistants	8:30 a.m.	Jami Prigge Jason Prigge	Emil Leitz Kathy Killand	Jeff Pilger Cloyde Hardman		Peggy Pilger Carl Schock
	11:00 a.m.	Jenny Page Jon Page	Pam Hedges Valerie Bettinson	Kelly Westlund Jenny Page	Elaine Davis Charles Davis	Kelly Westlund Jenny Page
Setup/Cleanup Communion for	5:00 p.m.	Nancy Ballard	Joanne Woehle	Jim and Sue Worgull	Kay Aase	Joanne Woehle
Cleanup 8:30, set up for 11 am	After 8:30 am service	Mike and MaryJo Schroeder	Donna Richardson	Carol Schmid	Kay Aase	Kay Aase Lois Harrold
Cleanup after 11 am service	After 11:00 a.m.	Carl and Judy Schroeder	Kelly Westlund	Doloros Erickson	Gwen Dodge	Jim and Jean Loss
Acolytes	8:30 a.m.	A- Anna Lesser A- Grace Corning C- John Lesser T-Kaylyn Lesser T- Ryan Warren	Patrick Schroeder Cade VanWormer	David Juergens Kate Juergens		Alexis Riensche Morgan Oberlande
	11:00 a.m.	A-Peter Morris A-Savannah Haynie C-Rhett Levin T- Madeline Haynie T- Coley Levin	Andrew Clark April Mercer	Jennifer Williams Tyler Williams	Woody Page Nathan Salyer	Emma Whitney Willow Whitney
Ushers	8:30 a.m.	H - Mike Schwartz Karen Schwartz A-****	H - Chuck McCargar Sue McCargar A - Jim Moran	H - Bill Frame Laura Stevens A - Carl Schock Carleen Lust		H - **** **** A - Mac Dixson Jon Erlandson
	11:00 a.m.	H- Carol Hexum **** A - **** ****	H - Jim Wells Diana Wells A - Rick Budzeck Janet Budzeck	H - Rick Budzeck Janet Budzeck A - ****	****	H - Jim Loss Jean Loss A - **** ****
Church Friends	8:30 a.m.	Lois Harrold	Sara & Norm Gillette	Carleen & Len Lust		Mille & Ray Nierman
	11:00 a.m.	Karen Clark	Marilyn Mitchell	****		Debbie Honeyma
Children's Church Leaders	8:30 am	Michelle Clary Andy Clary	Russ Warren Pamela Warren	Leslie Sievers Mikayla Sievers		Sue Long ****
	11:00 am	Astrid Goplen ****	Aleana Saldana ****	Trina Miles Daniel Miles		Lauri Whitney Emma Whitney
Video System at 8:30 am service	Console Camera #1	Brian Killand Ken Meek	Mike Schwartz Andrew Meek	Ed Simonen Luke Thompson		Mike Stankovich Don Schmid
Sound System	8:30 a.m.	Paul Hedges	Chuck Richardson	Chuck Richardson		Chuck Richardso
Operators	11:00 a.m.	Jeff Dagle	Karen Schwartz	Tammy Carswell	Chuck Richardson	Jeff Dagle
Cashiers	-	Warner Blyckert Dick Arnst	Kathy Snyder Jon Erlandson	Nancy Ballard Doris Barchet		Kay Aase Marge Hogue
Flowers		Lila Lloyd	Mike & Karen Schwartz	****		***
Recycler		Laura Stevens	Carol Schmid	Jeff & Heidi Dagle		Rich Barchet

Anniversaries & Birthdays

ANNIVERSARIES

November 2

Marilyn & Robert Schumacher

November 8

Cindy & Mark Underwood

November 9

Zemmie & Stuart ledema

November 10

Joclyn & Scott Conrad

November 14

Elaine & Greg Keyes Rada & Simo Petric

November 17

LeeAnn & Calvin Dudney

November 18

Julie & Michael Penley LaVonne & Don Scully Pamela & Russell Warren

November 19

Ruth & Ken Rueter

November 23

Marjorie & Marvin Nelson

November 26

Mary & Butch Machinal

November 28

Leslie & Fred Sievers

BIRTHDAYS

November 1

Diane Fleener Sydney Johnson Debra Myers Tayler Schienbein Val Silva Loren Stangeland Jan Wisness

November 2

Brian Chaney Kristan Horgan Rebecca Rogers

November 3

Gloria Bentley Matthew Foss Lexi Shimskey

November 4

Newell Oyen Dasha Perham

November 5

Jeff Nixon Jim Salaba

November 6

Ann Brandes Dave Larkin

November 7

Shirley Gilbo Traci Moran Yvonne Venema Hunter Shaw Josh Woehle

November 8

Linnea Preston Jen Ranta

November 9

Lauren Drewrey Mikayla Hamilton Gabriel Kissire Matthew Quesnell

November 10

Barbara Westlund

November 11

Kelly Doyle Lila Lloyd Victor Trujillo

November 12

Nancy Bergman Lynn Tanasse

November 13

Courtney Button Matt Schwartz Garrett Streufert Melissa Woehle

November 14

Heidi Dagle Lori Lachut Samuel Salter

November 16

Jason Bender Peyton Pardini Don Scully

November 17

Dave Brandes Alan Hagensen Amanda Kissire

November 18

Stacey Shaw Derek Westlund

November 19

Brock Streufert

November 20

Christina Carro Jim Lachut Rylee Mercer Thomas Mercer Kris Mitchell Kristin Smith

November 21

Rob Barr Loren Peterson

November 22

Don Aunspaugh Barbara Roberts Deborah Romine

November 23

Bobbi Bergman Barbara Sandness Floyd Thompson

November 24

Ed Foss Michelle Hamilton Pam Hedges

November 25

Nancy Fiess

November 26

Jan Leitz Helen Page Bob Zimmerman

November 27

Matthew Corning Tim Lamberson Elin Schienbein

November 28

Ona Lander Coley Levin Nathan Lipton Aaron Schmieman

November 29

Margaret Arnst Lois Phaneuf Rebecca Skinner

November 30

Kathy Bush Courtney Olsen

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Mailing Label

Worship Schedule

Traditional Worship with Holy Communion Sundays at 8:30 AM

> Worship with Holy Communion Sundays at 11:00 AM

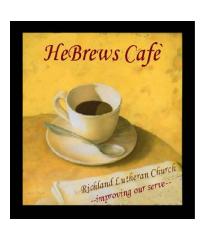
Worship with Holy Communion Saturdays at 5:00 PM

And when circumstances beyond your control prevent you from coming to church...

Good News Today

Aired Sunday mornings on KVEW 42 and KAPP 35 at 9:00 AM

Printed copies and audio files of sermons are available on the website: www.richlandlutheran.org



Come to HeBrews Café Sunday mornings, between 9:45 AM and 10:45 AM

It's where Richland Lutheran Church members are refreshed, rejuvenated, and renewed for work in the Kingdom!

There are still some Sundays available for serving. Sign up on the bulletin board in the narthex.

Richland Lutheran Church is here to help people build strong, effective Christian lives with the resources of God's grace.

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